

Bucksport Senior Center Meals Program – Meals Prepared by R.S.U. #25 Staff. Checks payable to R.S.U. #25 Meals Served at 11:30 a.m. at the Senior Center @ 125Broadway **Call 469-3632 in advance** for reservations (or for cancellations) to allow us to plan enough meals for the day We Deliver!

# October Menu

	<u>October 2<sup>nd</sup></u> Baked Chicken Rice Pilaf, Green Beans, Cranberry Sauce, Fresh Fruit & Yogurt	<u>October 4<sup>th</sup></u> Roast Pork, Stuffing, Peas & Carrots And a Brownie	Coffee and Drink Available
<u>October 7<sup>th</sup></u> Deep Dish Chicken Pot Pie, Stuffing, Fresh Baked Roll Vanilla Pudding	<u>October 9<sup>th</sup></u> Baked Ham Dinner Baked Potato Steamed Veggies Frozen Yogurt	<u>October 11<sup>th</sup></u> Baked Stuffed Pork Chop w/ Stuffing & Gravy, Steamed Peas Sherbet Ice Cream	
Happy Columbus Day! (No Meal Served) 	<u>October 16<sup>th</sup></u> Spaghetti & Meatballs, Spinach Salad, Garlic Bread & Cookie	<u>October 18<sup>th</sup></u> Baked Stuffed Haddock, Wild Rice, Broccoli And Fresh Fruit	Meals subject to change due to availability of items Keep Warm!
<u>October 21<sup>st</sup></u> Oven Fried Chicken, Sweet Potato Fries, Cukes & Tomatoes Fresh Fruit Cup	<u>October 23<sup>rd</sup></u> Pot Roast w/ Mashed Potato, Glazed Carrots, Roll and Apple Bar	October 25 <sup>th</sup> Best Ever Meatloaf, Mashed Potato, Green Beans Chocolate Pudding	
<u>October 28<sup>th</sup></u> Meat Lasagna, Garlic Bread, Caesar Salad Oatmeal Raisin Cookie	October 30 <sup>th</sup> Roast Turkey Dinner, Harvest Veggies, Sweet Potato, Vanilla Ice Cream	Happy Halloween! 	Prevent the Flu and Wash your hands under hot water for at least 30 seconds