

Bucksport Senior Center Meals Program Meals Prepared by RSU#25 Staff

Please Make checks payable to RSU #25 Please call in advance as soon as you know you are able to attend to allow us to plan enough meals for the day. Please call if you are unable to attend after a reservation is made. The meals are served 11:30a.m. at the Senior Center @ 125 Broadway

Call 469-3632 for information or reservation

| Monday | Wednesday | Friday | |
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| July 2 Free Roast Chicken Dinner provided by Ecumenical Church group | July 4 No Meal Happy Fourth of July! | July 6 Pete's Beef & Veggie Soup with Biscuit Angel Food cake w/topping | All Ages are Welcome to attend the meal! \$4 per meal Bring a Friend!! |
| July 9 Haddock and Shrimp Casserole Long Grain Rice Ceasar Salad Fresh Fruit | July 11 "Cook Out" Hot Dogs & Hamburgers w/pasta salad, chips watermelon | July 13 Chicken Pot Pie w/ Mixed veggies Wheat Rolls Apple Crisp | Meal subject to change without notice subject to availability of items |
| July 16 Orange Glazed Salmon Rice Pilaf Steamed Veggies Frozen Yogurt | July 18 Corn Beef & Cabbage Biscuit Jello w/ topping | July 20 Baked Ziti Garlic Bread Fresh Veggies w/dip Fruit Cobbler | Stay Hydrated! Drink Water Welcome Summer!! |
| July 23 Ham Steak w/pineapple Cole Slaw Fresh Fruit | July 25 Baked Haddock Spinach Mashed Potato Pudding w/topping | July 27 Roast Turkey Mashed Potato Squash Birthday Cake | All meals served with Reduced fat milk Coffee and drink available |
| July 30 Fish Burgers Pasta Salad & Chips Sherbert | August 1 Pot Roast w/mashed potato & glazed carrots Pumpkin Choc Cookie | August 3 Baked Tilapia Rice Pilaf Fresh Veggies with Dip Mixed Fruit w/yogurt | Whole wheat is used in most baked items |